

Steven Kernerman, DO Kerry Drain, MD Rayna Doll, DO Mariya Giles, ARNP Ronald England, MD Tamara Zey, ARNP

1330 N Washington St., STE 4200, Spokane WA 99201

Phone: 509-747-1624, Fax: 509-747-6774

New Patients

Please have paperwork filled out BEFORE arriving for your appointment, OR arrive ½ hour before your scheduled appointment time, to do your paperwork in the office.

You may return your completed paperwork by fax 509-747-6774, or in person, prior to your appointment. We will scan your forms into your chart and it will be ready when you get here for your scheduled appointment.

If you arrive, WITHOUT THE COMPLETED PAPERWORK, your appointment will be rescheduled for another day. Please be prepared!

WHAT TO BRING TO THE APPOINTMENT:

- Completed, filled out and signed forms
- Co-Pay
- Current insurance card(s)
- Photo identification (driver's license or ID)
- If under the age of 18, must be accompanied by parent/guardian

SPOKANE ALLERGY & ASTHMA CLINIC

PATIENT INFORMATION:

New patient	Name change	Address	change	In	surand	ce change			
Patient:									
Firs	t	N	1iddle		L	ast			
SSN#:	Da	ite of Birth:		A	ge:	Sex:	male	fem	nale
Home Address: Stre	et:		City:			State	e:	Zip:	
Mailing Address if d	ifferent:								
Phone: Which numb	er do you prefer	we call first?	Но	me W	/ork	Cell	Messa	ge	
Home:	Work:		_ Cell:_			Mess:			
E-mail:		E	thnicity: _			Race:			
PARENT, SPOUSE, C	R RESPONSIBLE I	PARTY (if diffe	erent fron	n patient)					
Name:					Da	nte of Birth:			
	First	Middle		Last					
Address:			City: _			State:	Zip: _		
Home Phone:		Work phone:			Cel	l:			
Relationship to Pation	ent:					SS#:			
PAYMENT POLICY									
Spokane Allergy and PRIMARY INSURANO Insurance Company	CE COVERAGE:								ecrees.
Address of Claim Ce Member ID #:									
**The following is R									
Name of Su		sureu is not ti	ie subsciii	Subscrik					
Relationship to insi	SSN#:				Oth	Date of Birth: _			
SECONDARY INSURA			ratrici	Spouse	Oti	ici			
Insurance Company		_				Policy	Type:	НМО	PPO
Address of Claim Ce									
Member ID #:									
*** The following is									
_	bscriber:								
	SSN#:								
Relationship to ins						other			
Signature:				•					

SPOKANE ALLERGY AND ASTHMA CLINIC ALLERGY OUESTIONNAIRE

Please complete this questionnaire to have it available before your first office visit. This information is part of your medical record and will be treated confidentially. If some questions are not appropriate to your situation, move to the next section. Patient's Name: _____ Birthday: _____ Consult requested by: _____ Name of Person Filling Out This Form: ____ Date of Visit: What is your primary purpose for this allergy evaluation? Who is your Primary physician: _____ Phone #:____ What is your preferred pharmacy? RESPIRATORY PROBLEMS Please check YES for any current SYMPTOMS, or EXPOSURES THAT MAKE THESE SYMPTOMS WORSE. Leave these boxes blank if you do not feel that they have been a recurrent problem. **EYES EXPOSURES THAT MAKE THESE MOUTH, THROAT SYMPTOMS WORSE** Itchy eyes Itchy throat Prolonged laughter Red eyes Sore throat House dusting Watery eyes Hoarse voice Wet or moldy areas Swollen, puffy eyes Frequent throat clearing Barns and hay Dry eyes Bad breath Springtime pollen Eye discharge Lawn mowing **LUNGS** Eye drainage Other Frequent daytime cough **NOSE, EARS, SINUS** Nighttime coughing Cleaning solvents Post nasal drip Wheezing Irritating odors Chest tightness Sneezing Airborne chemicals Nasal dripping and sniffling Chest pain Wood smoke Nasal congestion Shortness of breath Tobacco smoke Exercise intolerance Perfumes, air fresheners Recurrent sinus infections Recurrent bronchitis Christmas trees Recurrent pneumonia Latex rubber products Sinus pain/pressure Mouth breathing Other: Cats Nighttime snoring Dogs Nasal itching Horses Increased frequency of colds **EXPOSURES THAT MAKE THESE** Cattle **SYMPTOMS WORSE** Nosebleeds The spring months (March-June) Goats Reduced ability to smell The summer months (June-Aug) Gerbils The autumn months (Sept-Nov) Nasal polyps Guinea pigs Itchy ears The winter months (Dec-Feb) Hamsters Dizziness Pet mice or rats Ear "popping" or pressure Very cold air Rabbits Recurrent ear infections-otitis media Very hot and humid air Pet birds or feathers Other: Middle ear fluid (effusions) Windy days, dust storms Rainy days, wet weather Diminished hearing Acquired viral URI's or "colds" Other: Heartburn or acid reflux Exercise or running Crying or yelling At what age did you first begin having these SYMPTOMS? Have you ever had any Allergy Skin testing or blood testing for these problems? Have you ever been treated with Allergy shots? Names of any previous Allergy, ENT, or Respiratory specialists you have seen: 1 Names of any previous Allergy, ENT, or Respiratory specialists that you have seen:

SKIN, GASTROINTESTINAL AND FOOD-RELATED PROBLEMS

Please check YES 🖾 for any SYMPTOMS or EXPOSURES OR FOODS THAT MAKE THESE SYMPTOMS WORSE. Leave these boxes blank if you do not feel that they have been a recurrent problem.

SKIN	GASTROINTESTINAL	Barley				
Dry skin	Bloating	Corn or corn by-products				
Scaly skin	Recurrent nausea	Rice				
Itchy skin	Recurrent vomiting	Peanuts				
Red and inflamed skin	Recurrent heartburn	Soybeans				
Eczema	Regurgitation or reflux of food	Green beans, navy beans				
Red, raised, itchy "hives	Chest pains with swallowing	Peas, lentils				
Deep tissue swellings	Sticking of swallowed food	Walnuts, pecans				
Recurrent blisters	Recurrent abdominal pains	Almonds, hazelnuts				
Contact allergic dermatitis	Recurrent diarrhea	Cashews, pistachios				
Recurrent skin infections	Recurrent constipation	☐ Brazil nuts				
Hair loss	Belching	Pine nuts				
Other:	Flatulence	Mustard				
	Loss of appetite	Sesame or poppy seeds				
EXPOSURES THAT MAKE THESE SYMPTOMS WORSE	SYMPTOMS RELATED TO EATING SPECIFIC FOODS	Flaxseed				
Cold weather or contact with ice	Mouth and throat itching	Sunflower seed				
Low humidity or dry weather	Hives or rash only near the mouth	Buckwheat				
Contact with water or bathing	Abdominal cramping/pain nausea	Cod, salmon, halibut				
Overheating	Widespread hives or rash	Shrimp, crab, lobster				
Exercise or sweating	Worsening eczema	Clams, oysters				
Scratching	Other:	Beef, lamb, pork				
Tight clothing, sustained pressure		Chicken, turkey				
Sustained vibration	FOODS THAT MAKE THESE SYMPTOMS WORSE	Apple, peach, cherry				
Sunlight	Artificial food dyes	Berries				
Cosmetics	Wine, beer, alcoholic beverages	Bananas				
Latex rubber (gloves)	Sulfites in foods	Avocados				
Poison ivy/poison oak	Monosodium glutamate (MSG)	Citrus fruits				
Contact with nickel in clothing		Kiwi, mangoes, tropical fruits				
Metals in jewelry	Cow's milk, ice cream, cheese	Carrots				
Soaps, detergents	Goat's milk	Celery				
Perfumes	Eggs	Potatoes				
Creams or lotions	Wheat	Other:				
Topical antibiotics (neomycin)	Oats	Other:				
Topical eye drops	Rye					
At what age did you first begin having these SYMPTOMS? Have you ever had Allergy "Patch testing" done to confirm these sensitivities? James of any previous Dermatology or Gastroenterology (GI) specialists that you have seen:						

STINGING INSECT REACTIONS (involving mosquitoes, bees, wasps, hornets, yellow jackets, fire ants, etc.)

Please check YES 🖾 for any SUSPECTED INSECTS, SYMPTOMS, and REQUIRED TREATMENTS that have occurred with past stinging insect reactions. Leave these boxes blank if there has not been a prior reaction to insect stings.

SUSPECTED INSECTS CAUSING	SYMPTOMS OCCURRING AFTER	TREATMENTS REQUIRED FOR			
THESE SYMPTOMS	YOUR STING	THESE SYMPTOMS			
I do not know the type of insect	Large localized swelling at the site	Urgent care or clinic sick visit			
Honey bee	Widespread rash (hives)	Emergency room visit			
Bumble bee	Swelling distant from the sting site	Hospitalization			
Wasp	Throat tightness, hoarseness	Epinephrine injection			
Hornet (yellow)	Cough, chest tightness, wheeze	Intravenous fluids			
Hornet (bald faced)	Abdominal pains	Oral or injected antihistamines			
Yellow jacket	Nausea, vomiting, diarrhea	Oral or injected steroids			
Fire ant	Lightheadedness, altered vision	Other:			
Mosquito	Lowered blood pressure, shock	Other:			
Other:	Other:	Other:			
At what age did you first begin having these	sting reactions?				
Have you ever had Allergy Skin testing or bl	ood testing for this problem?				
Have you ever been treated with Allergy sho					
Names of any previous Allergy specialists that you have seen for this problem:					

PREVIOUS MEDICATION REACTIONS

List any medications that have caused an adverse reaction. Describe the type of reaction (i.e. rash, or abdominal pain). Also, note your approximate age when this reaction occurred. Leave the boxes blank if you have not had a prior medication reaction.

MEDICATION NAME	TYPE OF REACTION	APPROXIMATE AGE
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		

ALLERGIC FAMILY HISTORY

Please check the box 🗵 if other immediate family members have had a history of these problems

	Mother	Father	Brother 1	Brother 2	Sister 1	Sister 2	Other Relatives	
Fill in this Person's Name								
Chronic Atopic Dermatitis or Eczema								
Food Allergies	$\overline{\Box}$				$\overline{\Box}$			
-					$\overline{}$			
Allergic Nasal or Eye Symptoms								
Allergic or Non-allergic Asthma					<u> </u>			
Recurrent Hives or Deep Swellings								
Recurrent Middle Ear or Sinus Problems					<u></u>			
Recurrent Migraine Headaches		Ш						
Insect Sting Allergies								
Other Health Issues:								
ENVIRONMENTAL EXPOSURES			•					
Where were you born?		Where is	your current	home located	1?			
Where have you lived in your life?								
In what year was your home built?			Number of p	eople who cu	irrently occu	py this home	e?	
Please check YES for the answers Leave the boxes blank if they do not re What is the structure of your curr	late to your	current hom		_			nd/or filter your	
home?	ent Hov	v uo you cui	Tentiy neat	your nome:	How ut	o you coor al home		
Single family home	□E	lectric baseb	oard heat		Centra	al air conditi		
Condominium	□ E	lectric wall h	eaters		Winde	ow-insert air	conditioner	
Duplex		Steam radiators Opening the wi						
Apartment		Hot water radiators				Central humidifier		
☐ Dormitory room ☐ Manufactured home		Fireplace insert/woodstove Room-size hun					fier	
Trailer		Pellet stove Propane stove				Central air filter Room-size air filter		
Lake cabin		Gas forced air heat				Fans		
Other:		lectric forced			Other			
	ПН	eat pump						
	O	ther:						
Please check if you have ever used For how many years did you use to If you no longer use tobacco, wh	bacco?	years. W	hat type of to	·			•	
If you still smoke, how many cigarette	s do you sm	oke per day ((on average)?	ciga	arettes/day			

Please check YES \boxtimes for the most common air quality problems in your home. Also check YES \boxtimes for the animals that currently reside inside or outside your home. Leave the boxes blank if they do not apply to your current home.

	WHAT ARE SOME POTENTIAL AIR QUALITY PROBLEMS?	INSIDE PETS/A	ANIMALS	OUTSIDE PETS	S/ANIMALS
	Indoor cigarette smoke	☐Birds () number	Birds (i.e., chickens) () number
	Wood smoke	Cats () number	Cats (number
	Scented candles	Dogs () number	Cattle () number
	Incense odors	Gerbils () number	Dogs () number
	☐ Irritating or noxious odors	Guinea pigs () number	Goats () number
	Excessive dampness	Hamsters () number	Horses () number
	Water damaged areas	Pet mice () number	Llamas, alpacas () number
	Moldy or musty odors	Pet rats () number	Rabbits () number
	Visible mold in some areas	Rabbits () number	Sheep () number
	Pet odors	Reptiles: () number	Other:	
	Other:	Other:		Other:	
Jo	There are you employed currently? bb title: re there any workplace exposures that cause	symptoms?			
C	urrent School Exposures: (if applicable)				
W	hat is the name of your school?			Grade:	
A	re there any school exposures that cause sym	nptoms?			
C	urrent Daycare or Preschool Exposures:	(if applicable)			
W	hat is the name of your daycare or preschoo	1?			
How many days/week do they usually attend this facility?			_ How many hours	s/day do they attend?	_
Н	ow many other children are at this facility (e	stimate)?			
A	re there any exposures here that cause symptom	toms?			

List your <u>Current Prescription and Nonprescription Medication Names</u>, including all topical ointments, creams, herbal remedies, and oral supplements. Write down the <u>Usual Dosage and Frequency</u>. For the <u>Source of this Medication</u>, include the name of the person providing this prescription, or write "OTC" if it is available "Over-The-Counter" or without prescription.

CURRENT MEDICATION NAME	USUAL DOSE AND FREQUENCY	SOURCE OF THIS MEDICATION (PRESCRIBER)
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		

PAST MEDICAL HISTORY/PAST SURGICAL HISTORY

Please

e c	check YES 🖾 for any syn	npt	toms or surgeries	s yo	ou have had in the	e past. Leave the	se boxes t	olai	nk if you feel these do not apply.
N	MEDICAL HISTORY								
	Acid reflux				Deviated nasal	septum			Peptic ulcer disease
Ī	Allergic rhinitis				Diabetes				Pleurisy
	Allergies				Ear infections, a	acute			Pneumonia
	Anemia				Ear infections, of	chronic			Renal disease
	Anxiety				Eczema				Seizure disorder
	Arthritis				Elevated lipids				Sinusitis
	Asthma				Gallbladder dise	ease			Sleep Apnea
	Atopic Dermatitis				GERD				Stroke
	Bronchitis				Headache, migr	aine			
	Cancer				Headaches				Tonsillitis
	Cardiovascular disease				Hepatitis/liver of	lisease			Tuberculosis
	Contact dermatitis				Hypertension				Urticaria
	COPD				Myocardial infa	rction			Other:
	Coronary artery disease				Nasal fracture				
	Depression								
S	URGICAL HISTORY								
	Adenoidectomy				CABG				Knee replacement
	Angioplasty				Cholecystecton	ıy			Myringotomy
	Appendectomy				Gastric bypass				Thyroidectomy
	Back surgery				Hernia repair				Tonsillectomy
	Blood transfusion				Hip replacemen	t			Other:
Ple re	experiencing these sympton	om	ıs.			·		xes	blank if you do not feel that you
	ONSTITUTIONAL	Н	EMATOLOGI			NEUROLOGI	ICAL		MUSCULOSKELETAL
	Fatigue		Lymphadeno	patl	hy	Dizziness			☐ Joint pain
	T T			D-indian					

CONSTITUTIONAL	HEMATOLOGIC/LYMPHATIC	NEUROLOGICAL	MUSCULOSKELETAL
☐ Fatigue	Lymphadenopathy	Dizziness	☐ Joint pain
☐ Insomnia	Other:	☐ Fainting	☐ Joint swelling
Malaise		Headache	Other:
	CARDIOVASCULAR		
☐ Weight gain	Hypertension	Seizures	
☐ Weight loss	Arrhythmia	Other:	GENITOURINARY
Other:	Murmur	PSYCHIATRIC	☐ Urination at night
METABOLIC/ENDOCRINE	Edema:	Anxiety	Pain with urination
Decreased activity	Syncope	Depression	☐ Frequent urination
☐ Bad breath	Palpitations	Other:	☐ Urinary incontinence
☐ Insomnia	Other:		Other:
Diabetes	REPRODUCTIVE	Skin lesion	
Hypothyroid	Pregnant	Other:	
Hyperthyroid	☐ Breast feeding		
Osteoporosis	Post-menopausal	IMMUNOLOGY	
Osteopenia	Other:	Recurrent infections	
Other:		Other:	

Who is your PRIMARY CARE PROVIDER?
List any other MEDICAL OR DENTAL SPECIALTY CONSULTANTS that you have seen:
List any past HOSPITALIZATIONS that you have not yet mentioned (including the year):
List any past SURGERIES that have been performed:
List any significant PAST MEDICAL PROBLEMS. These are problems that are now RESOLVED, and require no further treatments or monitoring.
List any past CANCER history here:
Is there any other question or concern that you would like to discuss with your Provider during this initial evaluation?

Spokane Allergy & Asthma Clinic & Clinical Research

NOTICE OF PRIVACY PRACTICE - ACKNOWLEDGEMENT

Dear Patient,

Health care practitioners have always protected the confidentiality of health information by sealing medical records away in file cabinets and refusing to reveal your information. Today, state and federal laws also attempt to ensure the confidentiality of this sensitive information.

The federal government recently published regulations designed to protect the privacy of your health information. This "privacy rule" protects health information that is maintained by physicians, hospitals, other health-care providers and health plans.

This new regulation protects virtually all patients regardless of where they live or where they receive their health care. Every time you see a health care practitioner, are admitted to the hospital, fill a prescription, or send a claim to a health plan, your practitioner, the hospital or other health —care provider will need to consider the privacy rule. All health information including paper records, oral communications, and electronic formats (such as e-mail) are protected by the privacy rule.

The privacy rule also provides you certain rights, such as the right to have access to your medical records. However, there are exceptions; these rights are not absolute. We also take precautions in our office to safeguard your health information such as training our employees and employing computer security measures.

This Notice of Privacy Practices attached to this letter explains our privacy practices. It contains very important information about how your confidential health information is handled by our office. It also describes how you can exercise your rights with regard to your protected health information. Please feel free to ask your practitioner about exercising your rights or how your health information is protected in our office.

By signing below, you acknowledge that you have received a copy of our Notice of Privacy Practices to read. If you would like a personal copy to take with you, you will be provided with one from the receptionist.

Patient Signature/(if under 18) Legal	Guardian Signature		Date
Printed name if signed on behalf of	the patient	relationship to p	patient
Please list any individuals we ca appointments, test results, trea			or child's medical information with (
Name	rel	ationship to patient	
Name	rel	ationship to patient	
May we leave personal infor	mation on your answ	vering machine at h	nome?work? cell??
If yes, names of people we c	an give info to:		



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Dear Patient and/or Parent/Guardian:

This form and your signature below serves as formal notification of our patient balance/billing policy.

We will bill your insurance company as a courtesy. If for **any reason** there is no response from your insurance company, you will get a bill from us and you will need to pursue this matter with your insurance company, and payment is expected to be paid to our office. The balances are usually for any unpaid medical services to you by our office, co-payments, co-insurance, information needed from the insured or member, non-met deductibles, non-covered services per your particular plan's benefits, pre-existing condition not payable by your particular insurance plan, or **no show/late cancellation fees.**

It is the policy of our office to send <u>only three statements</u>. The statements are sent at 25-day intervals. We will send you collection letters as well. If no payment is received on your account during the 75-day period, your account will be turned over to collections without additional notice.

For your convenience, accounts can be paid using your MasterCard or Visa. You can indicate your credit card information on the statement. You may also pay it over the phone using the credit cards listed.

FINANCIAL SERVICES:

We understand that there may be times when financial difficulties arise without warning. Under special circumstances, payment arrangements may be made. Accounts on a payment plan are required to make a payment each month. Missed payments could result in collections. Please contact our Billing Department at 509-747-1624, option 7, for any questions or to set up payment arrangements.

Your signature on this form acknowledges your understanding of this policy. Thank you for choosing Spokane Allergy and Asthma clinic for your medical care.

Phone: 509-747-1624 Fax: 509-747-6774

Patient Name (please PRINT)	If patient is a minor, parent/guardian NAME
Patient Date of Birth:	Date:
Patient/Parent/Guardian SIGNATURE	

Who may be contacted in the event of	an emergency?		
Name:	Phone:	Relationship:	
May we leave personal information on	your answering machine	at: home? work?	cell?
ASSIGNMENTS OF INSURANCE BENEFIT	TS:		
I assign all medical, surgical, immunologians to: SPOKANE ALLERGY AND ASTI writing. A photocopy of this assignment	HMA CLINIC. This assignm	ent shall remain in effect	•
I understand that responsibility for pamine, due and payable at the time s courtesy and I am responsible for any c	ervices are rendered. <u>I f</u>	urther understand that in	
I understand there is a <i>minimum</i> charge at least 24 hours' notice. We Require 2	•	•	nts not cancelled with
Signature:		Date:	
		_ Don't Know er to me or on my behalf to	
I authorize any holder of medical informand its agents any information needed			-
I understand my signature requests that necessary to pay the claim. If "other he on other approved claim forms or elect information to the insurer or agency shathe charge determination of the Medic deductible, co-insurance, and non-cover determination of the Medicare carrier.	ealth insurance" is indicate ronically submitted claims own. In Medicare assigned are carrier as the full charg	d in Item 9 of the HCFA-15, , my signature authorizes of d cases, the provider or su ge, and the patient is respo	500 form, or elsewhere releasing of the pplier agrees to accept onsible only for the
MEDICARE Patient's Name (Please Print	t):		
MEDICARE Patient's Signature:			
MEDICARE NO	DATE:		
PROVIDER:			



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Patient Out of Pocket Cost Estimate Worksheet

Thank you for allowing us to help your allergy and asthma concerns. This worksheet is provided to allow you to estimate the expected out of pocket cost for your services. Please complete this form prior to your appointment to better understand what could be your financial responsibility for your visit. We are happy to set up payment arrangements as needed over a six-month time period. Please contact the billing and verification staff with any additional questions and we will be happy to assist.

	When calling your insurance's member services please be sure to note your representative's name and call reference number (this phone number is most commonly found on the back of your insurance card), and please ask the following:			
a	Do I have Asthma/Allergy benefits? Is Spokane Allergy and Asthma in Network? (Y/N)			
b	. Do these services require a referral from my Primary Physician? (Y/N)			
C.	Do I have a deductible? (Y/N)			
	I. What is my deductible? () II. What has been met of the deductible? () III. Do my allergy benefits apply to my deductible? (Y/N)			
d	Do I have a coinsurance? (Y/N)			
	I. What is it? (%)			
	II. Do my allergy benefits apply to my coinsurance? (Y/N)			
e.	Does my Office Visit Charge apply to my deductible or is it covered by my copay (please note that all testing will be unique from the office visit charge and may process differently than testing according to your benefits)? ()			
f.	What is my Out of Pocket Maximum? () What has been met ()			



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2. Sometimes member services will request testing procedural codes. Unfortunately, we cannot with 100% certainty know what testing will be recommended during your appointment, however the codes below are the most common tests performed. Please remember that there are two full time billing specialists on site to help you with any questions that may arise if additional testing is recommended during your appointment.

Commonly Used Allergy/Asthma Testing CPTs

94010 – Baseline Spirometry
94060 – Pre-and Post-Spirometry
95012 - FENO
95017 – Venom Allergy Test (1 item per test)
95044 – Patch Allergy Testing (1 item per test)

If you have more then one insurance policy be sure to check with both insurance companies to
make sure that they are aware of one another and that Coordination of Benefits has taken place
or your claim may not be paid.

As always, we are happy to help with any questions you may encounter along the way. Please contact the verification team for any additional questions prior to visit. Thank you and we look forward to seeing you at your appointment.

LATE POLICY

We request that you arrive in the clinic at least 15 minutes prior to your scheduled time to fill out or clarify insurance papers and referrals. This will allow our nursing staff to get you comfortable into an examination room by the time of your scheduled appointment.

If you arrive later than your scheduled appointment, you will be rescheduled if the provider's schedule allows. If there is no time available for the duration of your provider's scheduled session, the clinical team will work with you to provide the best alternative, or to reschedule for another day.

CLINIC HOURS:

Monday -Friday: 7:45am - 11:45am 12:45pm - 4:45pm

SHOT CLINIC HOURS:

Monday: 8:00am - 4:15pm

Tuesday - Thursday: 8:00am - 11:15am & 1:00pm - 4:15pm

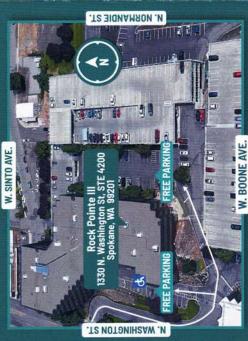
Friday: 7:00am - 4:15pm

Find us on

DIRECTIONS

Travel north on North Washington Street and make right turn into side entrance. Please reference the map below to find free parking and suite.

HANDICAP PARKING IS AVAILABLE.





Rock Pointe III

1330 N. Washington St. • Ste. 4200 • Spokane WA 99201

Tel: 509-747-1624 Fax: 509-747-6774 Spokane Allergy.com





OUR MISSION STATEMENT

The Spokane Allergy & Asthma Clinic is committed to providing the highest quality individualized care possible, utilizing the most current knowledge and technology, provided by our team of skilled professionals.

Rock Pointe III

1330 N. Washington St. • STE 4200 • Spokane WA 99201

Tel: 509-747-1624

SpokaneAllergy.com

WHAT DOES "BOARD CERTIFIED" MEAN?

To be board certified as an allergist, a physician must first be certified by the American Board of Internal Medicine or the American Board of Pediatrics. They must then complete an intensive two-year accredited training program and pass a comprehensive written exam by the American Board of Allergy, Asthma & Immunology. The allergist/immunologist, with his or her specialized training and expertise, can develop a treatment plan for each individual condition.

ALLERGISTS/IMMUNOLOGISTS TREAT PATIENTS WITH THE FOLLOWING PROBLEMS AND/OR CONDUCT RESEARCH ON:

- Diseases of the respiratory tract, such as allergic rhinitis, sinusitis, asthma and hypersensitivity pneumonitis
- Skin disorders, including atopic dermatitis (eczema), contact dermatitis or urticaria (hives)
- Gastrointestinal disorders caused by immune responses to foods
- Adverse reactions to drugs, other pharmacologic agents and diagnostic testing materials
- Insect sting reactions
- Symptoms of disorders caused by immunodeficiency.

IMPORTANT INFORMATION

INSURANCE BILLING

We bill most insurance companies. However, your specific plan may not cover your visit at our clinic. We recommend that you contact your insurance carrier prior to your visit to determine your insurance coverage. YOU WILL NEED TO BRING YOUR INSURANCE CARD AND ALL OTHER REQUESTED INFORMATION AT THE TIME OF YOUR VISIT. Treatment cannot be provided without it. INSURANCE COMPANIES REQUIRE THE CARD HOLDER'S DATE OF BIRTH FOR BILLING PURPOSES AND CLAIMS WILL BE DENIED WITHOUT THE CORRECT INFORMATION. Please present this correct information at your appointment.

DSHS OF WASHINGTON

You will need to bring your **current card** at the time of your visit. Treatment **cannot** be provided without your insurance card.

REFERRALS

Many insurance companies, including managed care, require a written referral or an authorization number for patients to see a specialist. YOU ARE RESPONSIBLE FOR GETTING THE REFERRAL FROM YOUR PRIMARY CARE DOCTOR. You will be responsible for the cost of any visits that are not properly referred.

INDRS

Parents MUST accompany children under the age of 18 to ALL visits.

IMPORTANT INFORMATION

PRIOR TO YOUR FIRST VISIT

For new exams, please do not take ANTIHISTAMINE-containing medications for 3-5 days prior to your visit as they block skin test reactions. Antihistamines can include but are not limited to:

- Allegra™ - Zyrtec™ - Clarinex™ - Claritin™ - Benadryl™ - Xyzal™ - Loratadine - Diphenhydrarnine

Chlorpheniramine.

DO NOT stop any of your other medications. If you are unable to stop antihistamine-containing medications, please do not cancel your visit. Please have your questionnaire and patient information sheet **completed** before your appointment. If you have any questions, please call the office prior to your visit.

SKIN TESTING

A puncture **skin test** device may be used to perform **multiple skin** tests. This **testing** may cause some discomfort but is **not painful**, and generally there is no bleeding.

PAYMENTS

If your insurance requires a co-payment, the co-payment will need to be collected at the time of your visit. If you have a deductible or no insurance, payment is expected at the time of your visit. We gladly accept VISA, Master Card and



Some medications can interfere with allergy skin testing. In order for us to obtain the most accurate results, please stop taking antihistamines used for allergy treatment 4-5 days prior to New Patient Appointments or prior to Skin Testing. If you have a question about whether it is safe for you to stop your antihistamine, please contact your prescribing physician.

Common medications containing antihistamines may include:

Allegra[™], Allegra-D, Aller-fex[™] (fexofenadine)

ZyrtecTM, Aller-tec (cetirizine)

Claritin[™], Claritin-D, AllerClear, Alavert[™] (loratadine)

ClarinexTM (desloratadine)

BenadrylTM (diphenhydramine)

Xyzal[™] (levocetirizine)

AtaraxTM, VistirilTM (hydroxyzine)

Allerest[™], Chlor-Trimeton[™], Sinutab[™], Brexin LA[™],

Tussionex (chlorpheniramine)

ActifedTM

Advil[™] (PM, Allergy, Cold/Sinus)

Ala-Hist[™]

Aleve ColdTM

Alka Seltzer Plus/Cold/PMTM

Allergy Relief Med

Benylin[™] Cough Med

carbinoxamine

ComtrexTM

ContacTM

CoricidinTM

Co-Tylenol

Cough medications with antihistamines

Dimetane

DimetappTM, BromfedTM, Allent (brompheniramine)

Dramamine[™], Antivert, Bonine (meclizine)

Excedrin PMTM

Extendry ITM

Marezine[™], Valoid[™], Nausicalm[™] (cyclizine)

Nighttime sleep aids (Simply Sleep, Unisom,

doxylamine, Doan's PM)

NytolTM

Nyquil™

Pediacare[™] Cough and Cold

Periactin[™] (cyproheptadine)

Phenergan (promethazine)

phenylephrine

phenyltoloxamine

polyhistine

PrudoxinTM, ZonalonTM, SilenorTM, SineguanTM (doxepin)

Robitussin[™] (many forms)

RondecTM

Rynatan™

Sudafed Cold and AllergyTM

Tanafed[™]

Tavist[™] (clemastine)

Theraflu™

Torecan[™] (thiethylperazine)

TriaminicTM

PyribenzamineTM (tripelennamine)

Tylenol Cold and SinusTM (chlorpheniramine)

Vicks 44MTM